

## **Church of the Holy Spirit**

3159 Land Park Drive, Sacramento, California, 95818. (916) 443-5442  
[www.HolySpiritParishSac.org](http://www.HolySpiritParishSac.org)

**Rev. Msgr. Albert O'Connor, Pastor**

**Rev. Timothy Nondorf, Priest in Residence**

**Sr. Katherine Doyle, Pastoral Associate**

### **Masses**

Saturday Vigil 5:15pm; Sunday 8, 9:30 and 11am; Weekday 8am

### **Sacrament of Reconciliation**

Saturday 4:00 - 4:45pm.

### **Baptisms**

By appointment. Please call the Rectory.

### **Marriage**

Couples planning marriage are asked to make an appointment at Rectory at least three months prior to your anticipated wedding date

**Holy Spirit Parish School** (Grades K-8) 448-5663

### **Care of Sick & Elderly**

Please call the Rectory for Holy Communion home calls.

### **Active 20-80 Social Club**

Lorraine Frankland, 454-2497 or Sue Olson, 442-8834

### **St. Vincent De Paul Society (SVDP)**

Meets 4th Tuesday each month 7pm in the parish hall. Call the rectory at 443-5442 for more information.

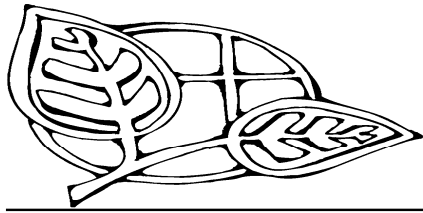
### **Catholic Faith Formation (CCD) 448-8257:**

**Sunday Pre-school** program (ages 3-5)

9:30am Mass in the Pre-school room.

**Grades K-8;** Mondays, 5:45 to 7pm at Holy Spirit School.

**Adult Formation;** Sr. Katherine Doyle 446-4673.



# The 14<sup>th</sup> Sunday in Ordinary Time

## Pray For

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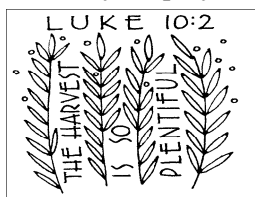
### July 3 - July 9, 2010

- Saturday** 5:15 p.m. Holy Spirit Parishioners
- Sunday** 8:00 a.m. Violet Banicevich +  
9:30 a.m. Montgomery Family  
11:00 a.m. Clint Jones +
- Monday** 8:00 a.m. Holy Spirit Parishioners
- Tuesday** 8:00 a.m. Antoinette Walker +
- Wednesday** 8:00 a.m. Holy Spirit Parishioners
- Thursday** 8:00 a.m. Holy Spirit Parishioners
- Friday** 8:00 a.m. Holy Spirit Parishioners



### Happy Fourth of July

Today is a special day of rejoicing and remembrance of those who struggled to bring freedom to this country. Please remember them in your prayer.



### Readings for the Week

- Sunday, July 4** ~ Is 66:10-14c; Gal 6:14-18; Lk 10:1-12, 17-20; Ps 66:1-3, 4-5, 6-7, 16, 20
- Monday, July 5** ~ Hosea 2:16, 17c-18, 21-22; Mt 9:18-26, Ps 47:10-11, Ps 145:2-3, 4-5, 6-7, 8-9
- Tuesday, July 6** ~ Hosea 8:4-7, 11-13; Mt 9:32-38; Ps 47:10-11; Ps 115:3-4, 5-6, 7ab-8, 9-10
- Wednesday, July 7** ~ Hosea 10:1-3, 7-8, 12; Mt 10:1-7; Ps 47:10-11; Ps 105:2-3, 4-5, 6-7
- Thursday, July 8** ~ Hosea 11:1-4, 8c-9; Mt 10:7-15; Ps 47:10-11; Ps 80:2ac & 3b, 15-16
- Friday, July 9** ~ Hosea 14:2-10; Mt 10:16-23, Ps 47:10-11, Ps 51:3-4, 8-9, 12-13, 14&17
- Saturday, July 10** ~ Isaiah 6:1-8; Mt 10:24-33, Ps 47:10-11, Ps 93:1ab, 1cd-2, 5

## SUMMERTIME

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### Summer Enrichment Series

Our parish summer enrichment mini series opportunity for adults continues in July. These sessions, usually three in number, provide a chance for deepening faith and expanding your understanding of Christian tradition. The two remaining series are:

Christian Prayer tradition

**July 20, 27, Aug 4**

Stories of Jesus: A look at the Parables

**August 9, 16 and 23<sup>rd</sup>**

All sessions will be held at McHugh Hall

### Faith Focus

The last in our series on prayer traditions is the Rosary. We are all familiar with this form of prayer. It is a prayer that has been passed down from generation to generation. Originally given to the church by St. Dominic, the rosary combines vocal prayer with meditation on events in the life of Christ. When St. Dominic began the prayer form, he suggested fifteen events from the story of faith. These became the mysteries of the rosary. The one who prays meditates on the theme of each decade (ten Hail Mary's) while praying vocally. Each decade of the rosary begins with an Our Father and concludes with the Glory Be.

The first set of mysteries are called the Joyful Mysteries. They include the Annunciation, Visitation, Birth of Jesus, Presentation of Jesus and the Finding of Jesus in the Temple. The second set of mysteries is called the Sorrowful Mysteries. These focus on the events of the Passion. They include the Agony in the Garden, the Scourging at the Pillar, The Crowning with Thorns, the Carrying of the Cross and the Crucifixion. The third set are the Glorious Mysteries beginning with the Resurrection, Ascension, Descent of the Holy Spirit, Assumption and finally, the Coronation of Mary as Queen of Heaven.

Pope John Paul II added a fourth set of mysteries, illuminating the revelation shining forth in the public life of Jesus. These five mysteries include The Baptism of the Lord, The Miracle at Cana, the Preaching of the Kingdom, the Transfiguration and the Eucharist. Taken as a whole, the four mysteries of the Rosary bring Christians into the heart of the Gospel.



### Loaves and Fishes

Our parish will serve lunch for needy persons at the Loaves and Fishes dining room on Thursday, **July 8th**. We welcome new volunteers. Call 447-1737 or 447-2703 for information.

### Liturgical Ministers

A reminder to all Eucharistic ministers and lectors ... As the summer season gets under way, we have much travel among the members of the community. **If you are going to be away during the time of your service, please be sure to mark "needs substitute" on the roster at least a week in advance.** We will check the schedule each Friday to see how many ministers are still needed. The roster will be at church for substitutes to sign up as you arrive for liturgy.

### Supporting Expectant Moms

The Gospels show us that Mary reached out to Elizabeth both in support and for support. When families are awaiting the birth of a child, there are many times when a helping hand makes a huge difference. In our parish, we have many expectant mothers. If you would like to be of support to an expectant mom by bringing a meal when needed, preparing a welcome basket for the baby or just an encouraging word, you are invited to become part of our Elizabeth Ministry. If you are interested, contact Sr. Katherine at 446-4673.

### Volunteer to Host an Exchange Student

Have you ever been interested in hosting a foreign exchange student? The Center for Cultural Exchange is a non-profit organization looking for open minded, caring families, who are interested in learning about other cultures, to host a high school exchange student between the ages of 15-18 for one semester or the full 2010/2011 school year. The students are selected from more than 60 different countries and are eager to experience life in the USA. If you are interested please contact: Lindsay Arnold, your local Area Representative at: 856-9162 or visit the CCI website to learn more: [www.cci-exchange.org](http://www.cci-exchange.org)

### For Young Adults!

If you are a young adult between the ages of 18-30, you know how hard it is to connect with other Catholics of your generation. Well, now you have a new way to connect. The Youth Adult Ministry Office of the diocese now hosts a special website and blog center just for your concerns. Whether you are married or single, there is something for you. The website has great links to things like "busted halo" and features blog opportunities. We have linked the site to our website [www.holyspiritparish.org](http://www.holyspiritparish.org) Let us know how you like it!

### A Seasonal Reminder

During the hot months of summer, we all want to dress to beat the heat. Beach and picnic attire are the common solution. It is easy to slip into such forms of dress for our Sunday worship and forget that halter tops, shorts, backless and other casual summer dress can be distracting to others at Eucharist. It is also a good time to teach children what is appropriate "church attire." Sometimes we really don't have a chance to change before going on to another event but when you can, please be mindful of the sacredness of the gathering. Thank you.

### Divine Mercy Support Network of Sacramento

The Divine Mercy Network of Sacramento is looking for parish representatives and inviting them to an organizational meeting on **July 22** at Divine Mercy Parish in Sacramento. Please contact John Doering at [www.DivineMercySacramento.org](http://www.DivineMercySacramento.org) for more information or if you would like to attend.

### Living With Loss

Living with Loss is a grief and loss program open to anyone experiencing loss through death. The next group series will be held on **July 15, 22, 29, August 5, 12 and 19th** at Mercy General Hospital in Sacramento. Registration is required. Please call Nancy at 453-4552

### Need Marriage Help?

- For preparation and getting off to the right start, it's Engaged Encounter. Next retreats will be **Sept. 3-5; or Oct. 29-31**. Call Bob & Trish Vlasak at 916-534-8602 or [www.sacramentoee@gmail.com](mailto:www.sacramentoee@gmail.com)
- For improvement and enhancement, it's Marriage Encounter. Next retreats will be **June 11-13; Aug. 27-29 or Sept. 24-26**. Call Barry & Julia Reynolds at 866-825-2046 or [juliabarry@aol.com](mailto:juliabarry@aol.com)
- For troubled marriages and renewal, it's Retrouvaille. Next retreat is July 9-11. Call Fred & Barbara at 800-283-5952 or [www.retrouvaille.org](http://www.retrouvaille.org) or [Sacramento@RetroCa.com](mailto:Sacramento@RetroCa.com)

### University of Sacramento Summer 2010 Courses

**Systematic Philosophy—Reasoning to Truth:** An introduction to Logic. Students will seek to understand the nature of logic as a means for arriving at truth, and will be given the opportunity to hone critical thinking skills. This course is offered online and on-campus on Wednesdays in July.

**The New Age** - online course will be a systemic study of the history and ideas of the New Age/the next Age movement as well as its analysis from sociological, philosophical, and theological perspectives. This course will be held Thursdays in August. To register or for more information, contact DeAnna at 480-9525 or [dmartinez@universityofsacramento.org](mailto:dmartinez@universityofsacramento.org)

**CHURCH NAME AND NUMBER —**

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